



Whatcom Volunteer Center -- Furniture and Household Item Bank Program

Volunteer Sign-up Form

Personal Information:

Name	
Address	
Email	
Phone Number	

Volunteer Information:

How much do you feel comfortable lifting?	
Do you have a truck, station wagon or SUV that could be used for deliveries?	
What is your availability? How far are you willing to travel for deliveries?	
Do you want to deliver items once or on an on-going basis?	
Is there someone you would like to work regularly with?	

Health Information

Do you have any past, present or chronic health issues that would make it difficult for you to lift heavy items (such as back injuries, asthma, etc)	
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Are you a current Whatcom Volunteer Center volunteer? If not, please fill out the [WVC Volunteer Enrollment Form](#) (found on the Volunteers page of our web site).